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## TOPICS OF INTEREST

- Manual Therapy
- Low Back Pain / Lumbar Spine
- Neck Pain
- Pregnancy
- Radiology
- Public Health
- Nutrition
- Sport Nutrition / Human Performance
- Sports Medicine & Rehabilitation
- Shoulder
- Acupuncture
- Pain
- Gait
- Miscellaneous

## MANUAL THERAPY

1. [Clinical effectiveness of manual therapy for the management of musculoskeletal and non-musculoskeletal conditions: systematic review and update of UK evidence report.](#) C Clar, et al. Chiropr Man Therap. 2014 Mar 28;22(1):12 (34 pages).
2. [Do manual therapies help low back pain? A comparative effectiveness meta-analysis.](#) JM Menke. Spine. 2014 Apr 1;39(7):E463-72.
3. [Effects of spinal mobilizations on the sympathetic nervous system: A systematic review.](#) L Kingston, et al. Man Ther. 2014 Aug;19(4):281-287.

## LOW BACK PAIN / LUMBAR SPINE

4. [Clinical course of low back pain: a meta-analysis comparing outcomes in randomised clinical trials \(RCTs\) and observational studies.](#) M Artus, et al. BMC Musculoskelet Disord. 2014 Mar 7;15:68.
5. [Sagittal standing posture, back pain, and quality of life among adults from the general population: a sex-specific association.](#) F Araújo, et al. Spine. 2014 Jun 1;39(13):E782-94.
6. [Predictive factors for successful clinical outcome 1 year after an intensive combined physical and psychological programme for chronic low back pain.](#) ML van Hooff, et al. Eur Spine J. 2014 Jan;23(1):102-12.
7. [A prospective, cluster-randomized controlled trial of exercise program to prevent low back pain in office workers.](#) R Sihawong, et al. Eur Spine J. 2014 Apr;23(4):786-93.
8. [Report of the NIH Task Force on Research Standards for Chronic Low Back Pain.](#) J Loeser, et al. Spine. 2014 Jun 15;39(14):1128-43.
9. [Therapeutic ultrasound for chronic low-back pain.](#) S Ebadi, et al. Cochrane Database Syst Rev. 2014 Mar 14;3:CD009169.

## NECK PAIN

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## PREGNANCY

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13. [Imaging of musculoskeletal disorders related to pregnancy.](#) M Proisy, et al. [AJR Am J Roentgenol.](#) 2014 Apr;202(4):828-38.

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14. [Trends in prevalence and control of diabetes in the United States, 1988-1994 and 1999-2010.](#) E Selvin, et al. [Ann Intern Med.](#) 2014 Apr 15;160(8):517-25.
15. [Incidence of childhood obesity in the United States.](#) SA Cunningham, et al. [N Engl J Med.](#) 2014 Jan 30;370(5):403-11.
16. [Incidence, prevalence, costs, and impact on disability of common conditions requiring rehabilitation in the United States: stroke, spinal cord injury, traumatic brain injury, multiple sclerosis, osteoarthritis, rheumatoid arthritis, limb loss, and back pain.](#) VY Ma, et al. [Arch Phys Med Rehabil.](#) 2014 May;95(5):986-995.e1.
17. [U.S. adults are not meeting recommended levels for fish and omega-3 fatty acid intake: results of an analysis using observational data from NHANES 2003-2008.](#) Y Papanikolaou, et al. [Nutr J.](#) 2014 Apr 2;13:31 (6 pages).

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22. [High proportions of foods recommended for consumption by United States Dietary Guidance contain solid fats and added sugar: results from the National Health and Nutrition Examination Survey \(2007-2008\).](#) L Jahns, et al. [Nutr J.](#) 2014 Mar 20;13:23 (6 pages).
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## SPORT NUTRITION / HUMAN PERFORMANCE

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25. [Creatine supplementation during resistance training in older adults: a meta-analysis](#). MC Devries, et al. Med Sci Sports Exerc. 2014 Jun;46(6):1194-203.

## SPORTS MEDICINE & REHABILITATION

26. [Strength training for walking in neurologic rehabilitation is not task specific: a focused review](#). G Williams, et al. Am J Phys Med Rehabil. 2014 Jun;93(6):511-22.
27. [Diagnosis and treatment of triceps tendon injuries: a review of the literature](#). JA Tom, et al. Clin J Sport Med. 2014 May;24(3):197-204.
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## SHOULDER

30. [Optimal management of shoulder impingement syndrome](#). RF Escamilla, et al. Open Access J Sports Med. 2014 Feb 28;5:13-24.
31. [Frozen shoulder: a review of current concepts](#). MH Khan, et al. J Musculoskelet Pain. 2014 May;1-6.

## ACUPUNCTURE

32. [Acupuncture in patients suffering from allergic asthma: is it worth additional costs?](#) T Reinhold, et al. J Altern Complement Med. 2014 Mar;20(3):169-77.
33. [Acupuncture and moxibustion for lateral elbow pain: a systematic review of randomized controlled trials](#). M Gadau, et al. BMC Complement Altern Med. 2014 Apr 12;14(1):136.

## PAIN

34. [The pain and movement reasoning model: introduction to a simple tool for integrated pain assessment](#). LE Jones, et al. Man Ther. 2014 Jun;19(3):270-6.

## GAIT

35. [Development and decline of upright gait stability](#). M Iosa, et al. Front Aging Neurosci. 2014 Feb 5;6:14.
36. [Effects of high heeled shoes on female gait: a review](#). NJ Cronin. J Electromyogr Kinesiol. 2014 Apr;24(2):258-63.

# LOW LEVEL LASER THERAPY

37. [Low level laser therapy for the treatment of diabetic foot ulcers: a critical survey](#). KH Beckmann, et al. Evid Based Complement Alternat Med. 2014;626127.

## MISCELLANEOUS

38. [Yoga for hypertension: a systematic review of randomized clinical trials](#). P Posadzki, et al. Complement Ther Med. 2014 Jun;22(3):511-522.
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41. [Association of indoor tanning and melanoma in adults: systematic review and meta-analysis](#). S Colantonio, et al. J Am Acad Dermatol. 2014 May;70(5):847-57.e1-18.
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